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**Learning and Development Calendar 2024**

**June - December**

**Welcome to the City of Edinburgh Council’s Learning and Development Calendar. This will be sent out to all foster carers in December and June each year going forward. We have reviewed the training available to foster carers and divided this into:**

1. **Core Training Post-Approval (with an expectation that all newly approved carers/carers transferring to CEC will complete these mandatory modules)**
2. **Core Training (training to be refreshed every 3 years)**
3. **Additional CPD (more tailored training specific to some schemes of caring)**

**Training booking process**

(Please note that some courses have max/minimum numbers for attendance. Please do not attend training unless you have had your place confirmed).

Training Calendar/Flyer

* + Using the Training Calendar or individual email flyers, select the course you would like to attend.

Booking

* + To book place please email the lead facilitator for the specific training course/briefing.

Confirmation

* + You will receive a confirmation email, detailing the date, time and venue of the course you have booked.

Cancellation

* + Please contact the facilitator within 48 hours of the training to cancel, in order for another carer to have the opportunity to attend in your place.

 Learning and Development Calendar January – June 2024

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|  |  | **June 2024** |  |  |
| Mon | Tues | Wed  | Thur | Fri |
| 3 | 4 | 5**10-11.30am – The Hub Support Group** | 6 | 7 |
| 10**CARER WELLBEING AND CARING MORE SAFELY** **10-1PM****ONLINE** | 11**CHRYSALIS UNDER 12S (ADOPTERS)****PART 1** **9.30-12.30PM** | 12**CHRYSALIS UNDER 12S (ADOPTERS)****PART 2** **9.30-12.30PM****Male Carers Support Group****6.30 – 8.00 MS Teams** | 13**CHRYSALIS UNDER 12S (FOSTER CARERS)****PART 2** **9.30-12.30PM** | 14 |
| 17 | 18 | 19**9.30-11.30am Specialist Disability Carers Support Group****10-12pm South/East Edinburgh Support Group** | 20**10.15-12.15pm – Baby Carer Group** | 21 |
| 24**10-12pm West Edinburgh and Fife Support Group** | 25**10.30-12pm – Autism Support Group****East Lothian Carer Support Group****6.30 - 8.15pm** | 26 | 27**11am – Carers Walking Support Group** | 28 |

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|  |  | **July 2024** |  |  |
| Mon | Tues | Wed | Thurs | Fri |
| 1 | 2 | 3**10-11.30am – The Hub Support Group** | 4 | 5 |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17**10-12pm South/East Edinburgh Support Group** | 18 | 19 |
| 22**Borders Carers Support Group****10.30am-12.30 @ Gala Rugby Club** | 23**10.30-12pm – Autism Support Group** | 24 | 25**11am – Carers Walking Support Group** | 26 |
| 29**10-12pm West Edinburgh and Fife Support Group** | 30 | 31**Male Carers Support Group****6.30 – 8.00 MS Teams** |  |  |

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|  |  | **August 2024** |  |  |
| Mon | Tues | Wed | Thurs | Fri |
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| 5 | 6 | 7**10-11.30am – The Hub Support Group** | 8 | 9 |
| 12 | 13 | 14 | 15 | 16 |
| 19**CARER FINANCE TRAINING****10-12pm** **online** | 20**CHRYSALIS UNDER 12S (ADOPTERS)****PART 1 follow up** **9.30-12.30PM****10.30-12pm – Autism Support Group** | 21 | 22**10.15-12.15pm – Baby Carer Group** | 23 |
| 26**10-12pm West Edinburgh and Fife Support Group** | 27**East Lothian Carer Support Group****6.30 - 8.15pm** | 28**INTERNET SAFETY AND CYBER SECURITY****10-12pm** | 29**11am – Carers Walking Support Group** | 30 |

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|  |  | **September 2024** |  |  |
| Mon | Tues | Wed | Thur | Fri |
| 2 | 3 | 4**10-11.30am – The Hub Support Group** | 5**INTRODUCTION TO AUTISM****10.30-1.30PM** | 6 |
| 9 | 10 | 11**CHRYSALIS Over 12S****PART 1** **9.30-12.30PM****10-12pm South/East Edinburgh Support Group** | 12**CHRYSALIS Over 12S****PART 2****9.30-12.30PM** | 13 |
| 16 | 17**10.30-12pm – Autism Support Group** | 18**Male Carers Support Group****6.30 – 8.00 MS Teams** | 19**10.15-12.15pm – Baby Carer Group** | 20 |
| 23**SAFE CARE PLANS AND MANAGING ALLEGATIONS**9.45-11.30am | 24**East Lothian Carer Support Group****6.30 - 8.15pm** | 25 | 26**CHILD PROTECTION AND THE LAW****10-12.30PM****11am – Carers Walking Support Group** | 27 |
| 30**10-12pm West Edinburgh and Fife Support Group** |  |  |  |  |

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|  |  | **October 2024** |  |  |
| Mon | Tues | Wed | Thurs | Fri |
|  | 1**CHRYSALIS UNDER 12S (ADOPTERS)****PART 2 follow up****9.30-12.30PM** | 2**10-11.30am – The Hub Support Group****10-12pm South/East Edinburgh Support Group** | 3**PENUMBRA: SUICIDE AND SELF HARM**10AM-1PMWESTER HAILES HIGH SCHOOL | 4 |
| 7 | 8**DIVERSITY TRAINING****10.30-1.30pm** | 9**POLICE SCOTLAND DRUGS AWARENESS****10-12PM**Craigentinny Community Centre | 10**CHRYSALIS Over 12S****PART 1 follow up****9.30-12.30PM** | 11 |
| 14 | 15**10.30-12pm – Autism Support Group** | 16 | 17 | 18 |
| **21** | 22 | 23 | 24**Borders Carers Support Group****10.30am-12.30 @ Gala Rugby Club****10.15-12.15pm – Baby Carer Group** | 25 |
| 28**10-12pm West Edinburgh and Fife Support Group** | 29**East Lothian Carer Support Group****6.30 - 8.15pm** | 30**9.30-11.30am Specialist Disability Carers Support Group****10-12pm South/East Edinburgh Support Group** | **31****11am – Carers Walking Support Group** | 1 |
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|  |  | **November 2024** |  |  |
| Mon | Tues | Wed | Thurs | Fri |
| 4**PENUMBRA SELF HARM TRAINING****10-1PM****GOODTREES** | 5 | 6**10-11.30am – The Hub Support Group****Male Carers Support Group****6.30 – 8.00 MS Teams** | 7**CHRYSALIS Over 12S****PART 2 follow up****9.30-12.30PM** | 8 |
| 11 | 12**10.30-12pm – Autism Support Group** | 13**NURTURING ATTACHMENTS THROUGH PLAY****10-1pm****Drumbrae Library Hub** | 14 | 15 |
| 18 | 19 | 20**GIRLS AND AUTISM****10-12PM** | 21**10.15-12.15pm – Baby Carer Group** | 22 |
| 25**10-12pm West Edinburgh and Fife Support Group** | 26**East Lothian Carer Support Group****6.30 - 8.15pm** | 27**10-12pm South/East Edinburgh Support Group** | 28**11am – Carers Walking Support Group** | 29 |
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|  |  | **December 2024** |  |  |
| 2 | 3 | 4 | 5 | 6 |
| 9**Borders Carers Support Group****10.30am-12.30 @ Gala Rugby Club** | 10**10.30-12pm – Autism Support Group** | 11**10-11.30am – The Hub Support Group** | 12 | 13 |
| 16 | 17 | 18**Male Carers Support Group****6.30 – 8.00 MS Teams** | 19 | 20 |
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**Course Descriptors A-Z**

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| **Attachment, Child Development and Resilience*** Explore child and teen development
* Build an understanding of damaged relationships
* Explore the impact of ACEs and broken attachments
* Explore strategies to encourage good attachments with children
* Explore tools to support resilience building

Facilitator sanne.nielsen@edinburgh.gov.uk |  |
| **Autism sharing and discussion: Girls and Autism*** Input/discussion around working with girls with ASD.
* Facilitator clare.evitt@edinburgh.gov.uk
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| **Carer Wellbeing and Caring More Safely*** Recognising and understanding the impact of
* change
* secondary trauma
* ‘buttons’
* realities of being a foster carer
* life stresses
* Facilitator carole.ferrigan@edinburgh.gov.uk
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| **Carer Finance*** Input on CEC finance processes, delays, overpayments etc
* Input from Fostering Network on tax, allowances, pensions, insurance
* Facilitator elspeth.russell@edinburgh.gov.uk
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| **Child Protection and the law*** Improve knowledge of the current context for child protection
* Develop/refresh your understanding of child protection issues
* Ensure an awareness of your role in the child protection process
* Improve knowledge of the Law
* Facilitator shauna.o’neill2@edinburgh.gov.uk
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| **Child Sexual Exploitation : Awareness Raising and Response*** Input by NHS Child Protection

Facilitator training.childprotection@nhslothian.scot.nhs.uk |  |
| **Chrysalis*** **Supporting self-regulation and resilience**

**Facilitator** **m**ichael.greig**@edinburgh.gov.uk** |  |
| **Cyber security and Keeping Young People Safe Online*** **Input from Police Scotland on most common type of street drugs and their effects**
* **Input on keeping children safe online**

**Facilitator** **elspeth.russell@edinburgh.gov.uk** |  |
| **Diversity: Caring for children from ethnic minority backgrounds*** Increasing Carer Confidence in Caring for Children from Black, Asian and Minority Ethnic Backgrounds
* Explore our use of language
* Think about how we support the identity needs of children from a Black, Asian and Minority Ethnic (BAME) background
* Explore how we can support carers in dealing with incidents of racism and supporting BAME children
* Facilitators sanne.nielsen@edinburgh.gov.uk and clare.evitt@edinburgh.gov.uk
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| **Enhancing Attachment Through Play*** ‘Participants will have the chance to learn more about the theory and principles behind Theraplay and how these principles can be applied in our day-to-day interactions and play with children. The training morning aims to introduce carers to fun, attachment-based games which can help build better relationships for parents, carers and children. A key part of the morning will be the opportunity to experience and practice the activities together!’
* Facilitators sanne.nielsen@edinburgh.gov.uk and chris.rankin@edinburgh.gov.uk
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| **Epilepsy*** Training on the administration of emergency epilepsy medication
* Facilitator clare.evitt@edinburgh.gov.uk
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| **FASD – Next Steps for Caregivers*** Input on the issues around FASD and supporting children affected by FASD

Facilitator <https://www.eventbrite.co.uk/e/fasd-next-steps-for-caregivers-tickets-532002954157?aff=ebdsoporgprofile> |  |
| **First Aid*** Provided by Green Cross
* Emergency First Aid For Under 8s or First Aid for Age 8+

Facilitator carole.ferrigan@edinburgh.gov.uk | 2025 |
| **Food For Thought*** To get us all thinking about the ways in which food is used by children and adults
* To focus on how food is used to communicate thoughts, actions, beliefs and relationships. Food can be a window into the everyday lives of children and carers
* To think about food within the context of looked after care
* Facilitator carole.ferrigan@edinburgh.gov.uk and lucia.hidalgo@edinburgh.gov.uk
 | Late 2024 |
| **Introduction to Autism*** Facilitator clare.evitt@edinburgh.gov.uk
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| **Interagency Honour Based Abuse*** Facilitator training.childprotection@nhslothian.scot.nhs.uk
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| **LGBT+ inclusive practice for those working with children and young people*** Facilitator training.childprotection@nhslothian.scot.nhs.uk
 | 2025 |
| **Life Stories and Life Recording*** To improve the frequency and openness with which children’s life histories are discussed with them and any gaps filled or explained.
* Facilitator elspeth.russell@edinburgh.gov.uk
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| **Safer Care Plans and Managing Allegations*** Discussion and input on completing the Family Safe Care Plan and Individual Child Safe Care plan.
* Input from Fostering Network about the support they can offer if faced with an allegation.
* Facilitators elspeth.russell@edinburgh.gov.uk and sanne.nielsen@edinburgh.gov.uk
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| **Secure Base Training** | Late 2024 |
| **Social Pedagogy*** Improving practice with children and young people by focusing on relational ways of working.
* Facilitator Liliana.santos@edinburgh.gov.uk
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| **Suicide awareness and self harm*** Delivered by Penumbra
* This session will dive deeper into the underlying reasons for self-harm and will give more in-depth detail on how we can support someone who self-harms.
* Underlying causes of self-harm
* Functions of self-harm
* Practical guidance in supporting people who self-harm
* Facilitator cara.carberry@edinburgh.gov.uk
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| **Understanding Neglect*** Input by NHS Multiagency Child Protection Committee
* Facilitator training.childprotection@nhslothian.scot.nhs.uk
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| **What is FASD?*** Input on the issues around FASD and supporting children affected by FASD
* Facilitator <https://www.eventbrite.co.uk/e/what-is-fasd-for-parents-caregivers-tickets-531830388007?aff=ebdsoporgprofile>
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